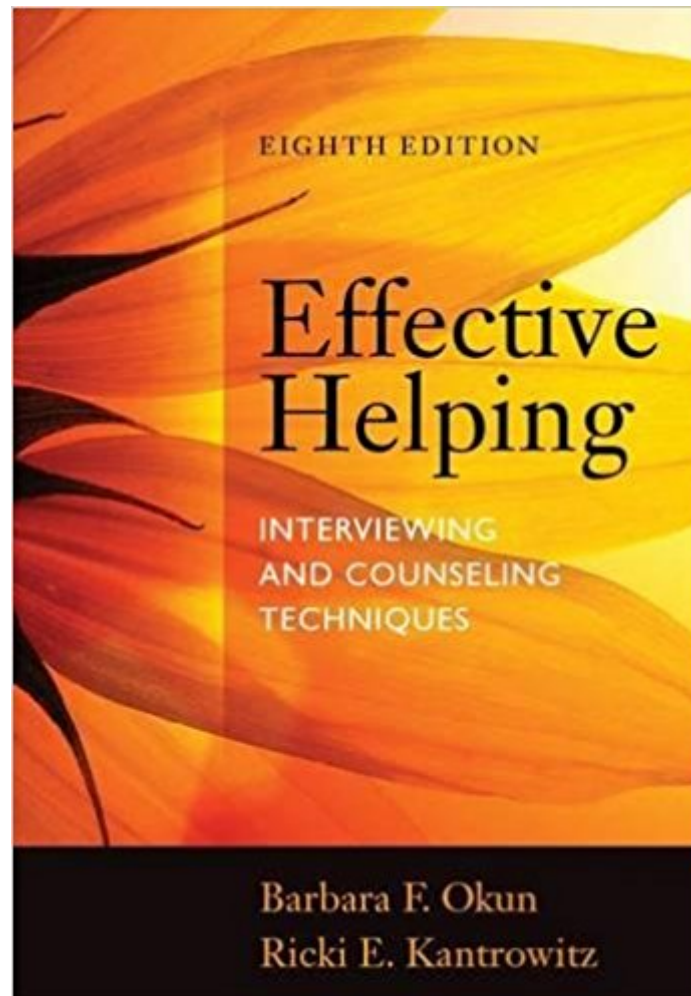




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# **Effective Helping: Interviewing And Counseling Techniques**



## Synopsis

Learn the skills and strategies you need to be an effective and empathic helper with **EFFECTIVE HELPING: INTERVIEWING AND COUNSELING TECHNIQUES**, Eighth Edition. Today's helpers must have a wider, more diverse range of knowledge and skills than ever before—including an understanding of culturally diverse human behavior and development, the process of change, the power of contemporary forces, and sound theories and methods of helping and communicating. This clear, applied, and respected book will help you master the skills of interviewing and relationship building to prepare you for the reality of what it's like to be a helper. It's also a resource you'll want to hold onto well into your career.

## Book Information

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## Customer Reviews

: Barbara F. Okun, Ph.D., is a professor of counseling psychology at Northeastern University and a clinical instructor at Harvard Medical School. She is Training Director of the Counseling/School Doctoral program at Northeastern and teaches and supervises clinical courses. The author of numerous books and articles, Dr. Okun also trains mental health professionals internationally. Ricki E. Kantrowitz, Ph.D. is Professor of Psychology at Westfield State College. She has coordinated the college counseling center, school and mental health counseling master's programs, teaches undergraduate and graduate courses and has trained helping para-professionals and professionals nationally and internationally. She was a visiting lecturer for Semester at Sea and a visiting professor at the Centre for International Mental Health, The University of Melbourne. She has participated in Fulbright-Hays seminars in Korea, Hungary, and Morocco. She is a

Non-Governmental Organizations Representative for the World Federation for Mental Health at the United Nations. She maintains a diverse clinical practice.

For class

This is a very good book if you are in the human services field. I recommend this read to college students. A little complex though at first.

Geat book!!

Very helpful. I rented the book but it is definitely worth buying to have for reference if you are looking to work in the field of helping people

Great book for the class I was taking.

The book is very helpful. It is the exact book I needed for school and it arrived on time.

Nice read on working with individuals.Stacey

Rented this for my class, but a really good read!

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